

Prawns belong to the family of crustaceans - creatures with a hard exterior shell and soft body. We eat the soft body of prawns, cooked in salads, soups or stir fried dishes.

Prawns are rich in protein, omega-3 fatty acids, selenium, vitamin B12 and minerals. Low in fat and calories, prawns are highly nutritious. However, the protein in prawns and other shellfish may cause some to develop allergies like vomiting, diarrhea, abdominal pain and rashes. Stop eating these foods if you are allergic to them.



In the Bible, prawns are unclean animals that God instructed the Israelites not to eat. (Lev. 11:10-12 & Deut. 14:9-10) This law reminded them to be

separate from uncleanness, to be holy and consecrated for God.

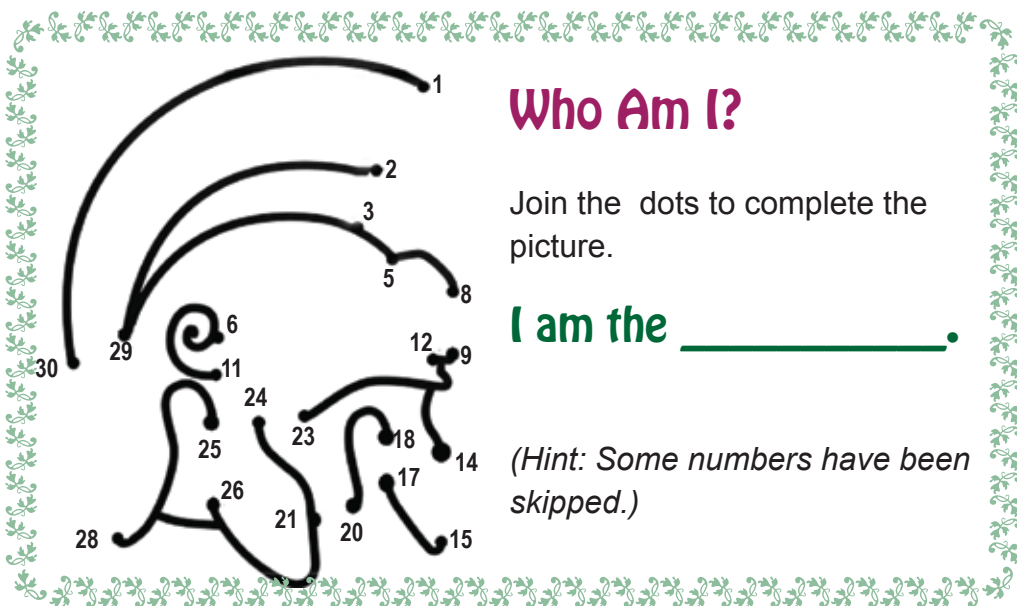
Since Jesus died for our sins, there is now no separation between Jews and Gentiles. It does not matter whether we eat clean or unclean animals, as what we eat has no effect on our salvation. Let us focus on true repentance from sin and uncleanness, and doing God's will for our lives.

## Who Am I?

Join the dots to complete the picture.

I am the \_\_\_\_\_.

(Hint: Some numbers have been skipped.)



# Bright Gems for His crown

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JESUS SAVES MISSION CHILDREN'S MINISTRY

## Love Waxed Cold?

The Bible warns us in Matthew 24:12 that because iniquity shall abound, the love of many shall wax cold. Thus, we ought to examine ourselves if our love for God is cold:

♥ Do we enjoy the Lord's presence in our daily devotions and during Sunday school, YF, DVBS and Camps?

♥ Do we remember and practice the lessons learnt at these meetings?

♥ Do we share God's Word with others?

♥ Do we heartily sing praises to God, and bear the fruit of the Spirit in our lives?

Let us delight ourselves in the Lord and he shall grant us the desires of our hearts. Psalm 37:4

Ms Wendy Wong

## Miracles

## Centurion's servant by Ms Esther Low



A centurion's servant was sick and about to die. The centurion sent two groups of people to beg Jesus to heal his servant. The centurion had faith in Jesus. He did not send for the best doctors of the

land but for Jesus. He believed that Jesus was the Great Physician and omnipotent or all powerful and able to do miracles from afar. The centurion diligently sought Jesus. He sent not one but two groups of messengers to implore Jesus to hear his plea. The centurion was humble. Although he was in charge of many soldiers and servants, he thought himself unworthy to have

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Hebrews 11:6

"without faith it is impossible to please Him: for he that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him".



## Devotion : Luke 18:10-14

Two men came to see Jesus. One was young with great possessions. The other was rich but detested because he worked as a tax collector for the Romans. The rich young man claimed that he had obeyed Moses' law from young. Jesus challenged him to sell everything he had and give to the poor. The rich young man left sadly because he could not bear to part with his possessions. Zacchaeus, the

### Two Rich Men



rich but detested tax collector on the other hand, invited Jesus to a big feast where he declared he would share his riches with the poor and repay those he had cheated.

The rich man who was accepted by society was not saved while the 'detested' one came to trust the Lord and produced the fruits of salvation. Truly, **'with men it is impossible: for with God all things are possible.'** (Matthew 19:26)

*Verily verily....*



## Lessons from Proverbs

How we manage time is important as our life is like a vapour that lasts for a short time and then disappears (James 4:14). Just as ants prepare their meat in the summer, we need to plan how we spend our time.



First, we need to ask God for guidance (Proverbs 3: 5,6) - even for deciding how we should use our free time. God knows what is best for us.

Next, we need to exercise self-discipline (Proverbs 6: 7,8). We must learn to do those things that are important first. This means, for example, not staying up late on Saturdays so we can worship God properly the next day. It also means participating in church activities so as to be strengthened spiritually.

Third, since relationships take time and commitment to develop, we need to do things with our families such as having meals together or even helping out with household chores.

Spending time with friends by helping and encouraging them is also important. Most importantly, we need to spend time with God — praying, studying His Word and serving Him. While it is fine to spend time on things like sports or reading good literature, we must be careful not to engage in too many activities which have no eternal value. Remember that one day we have to face God and give an account of how we have spent our time on earth.

*by Rev Matthew Yong*

**Go to the ant, thou sluggard; consider her ways, and be wise:  
Which having no guide, overseer, or ruler,  
Provideth her meat in the summer,  
and gathereth her food in the harvest.**

Proverbs 6:6-8



# "... be sure that your sin will find you out"

Numbers 32:23b

I am sure that you have heard your parents say this before. Most people think it means that you won't get away with sin. That is true; but NOT what this particular Bible passage is referring to.

We read in Luke 12:2, **"For there is nothing covered, that shall not be revealed; neither hid, that shall not be known."** Nothing is hid from the presence of God."

Proverb 15:3 proclaims, **"The eyes of the LORD are in every place, beholding the evil and the good."** Sometimes, we think that our sin is either too small to be noticed or done so secretly that no one else knows. You are wrong! God has promised

**So then every one of us shall give account of himself to God.**

Romans 14:12

to hold each and every one of us accountable for ourselves (Romans 14:12; Ecclesiastes 14:12; Colossians 3:25). Whether saved or unsaved, we will all have our day in God's court. The difference is the kind of court. The unsaved will go before the Great White Throne of Judgment (Revelation 20:11-15) and be sentenced to the Lake of Fire. The saved will

stand trial at The Judgment Seat of Christ (2nd Corinthians 5:9-11) and suffer the loss of rewards, as well as God's reproach. I pray that every one of us will bear this in mind every time we think of sinning. God is watching!

by Mr Ioannes Koh



## Lessons from Nature



### Skein of Geese

Geese in a V-formation flight take turns to lead. The lead goose in front has to expend the most energy as it breaks the flow of air. This gives the additional lift for all the geese flying behind it. When the lead goose gets tired, it drops out of the front position and moves to the rear of the formation, where the resistance is least. Another goose then moves to the leadership position. This rotation of position

happens many times in the course of the long journey to warmer climates.

**When a team is functioning well, various members of the team may take the leadership role for a while due to a particular expertise or experience. In a good team, everyone has the opportunity to serve as a leader as well as a follower. Christians are to**

*"bear (ye) one another's burdens, and so fulfil the law of Christ."*

Galatians 6:2



### Healing of the Centurion's Servant - Luke 7:1-10

Match the phrases from Column A with those from Column B to form the correct sentences. Number the sentences in order to recount the healing miracle.

The centurion sent elders of the Jews to Jesus,

Jesus marvelled at the centurion's great faith;

He believed that Jesus could heal his servant

The centurion sent his friends to Jesus to ask him not to go

1 A centurion had a servant whom he loved dearly,

Jesus went on his way

when the friends returned, they found the servant completely healed.

however, this servant was so sick that he was about to die.

to see the servant.

to ask Him to heal the sick servant.

to his house because he felt unworthy to receive Jesus.

by saying a word at where He was.



# Story of Missionaries

## Esther Ahn Kim



*Today on the mountain,  
before the large crowd, I will  
proclaim that there is no  
other god but You.*



Esther Ahn Kim was a Korean Christian born during the Japanese Occupation (1937-1945). It was a time when Christians were persecuted for their faith and forced to worship Japanese gods.

In the late 1930s, Esther worked as a music teacher at a Christian school. Every student and teacher had to bow to a Japanese sun goddess or risk being persecuted. Esther was convicted that she could not bow to an idol, hence disobeyed the authorities.

In preparation for the consequences of her conviction, Esther memorized many hymns and more than one hundred chapters of the Bible. She trusted that God would

sustain her in prison, eating rotten food, sleeping on the floor and often fasting. During her six years in prison, she showed love towards all those around her – even her persecutors. As ambassador for Christ, she

did not allow fear to stop her from preaching the gospel to the Japanese. Not once did she deny the name of the Lord. Eventually, she was released as one of the fourteen Christians who survived prison.

Esther Ahn Kim was a courageous Korean Christian who remained true to her God. Her unwavering faith in Christ is an inspiration to all Christians. May we also consecrate our lives to Christ, take up the cross and follow Him.

*by Ms Christine Ching*

## Gem of the month



Dr Ng Eng Kee serves God in Australia where he pastors a church. Long before he became a pastor, he was already serving God. Then he had a few near-death experiences which made him realize that he had to die to himself and live unto Christ (Galatians 2:20). He was

struck by the realization that if he did not die to self, all his service would be done in the flesh and be useless to God. He learnt to walk by faith, one day at a time, living out the purpose that God had intended for him as the author and finisher of his faith. He encourages all young people to obey God and His Word first and foremost, and not be tempted into the pursuit for materialism.



....The Centurion Servant (cont'd)

the King of kings and the Lord of lords set even a foot in his house. God was pleased with the centurion's faith. Jesus healed the servant while still a distance from the house. Do we have similar faith, diligence, and humility? When we face trials or difficulties that seem impossible to overcome, we need to believe that Jesus is all powerful and then humbly go to Him in prayer.



**I am  
crucified  
with Christ:  
nevertheless  
I live;  
yet not I,  
but Christ  
liveth  
in me:**

Galatians 2:20