Beef is the meat of Categorized cattle. meat. it as red contains more iron



processed (ham, sausages) or overcooked (burnt) meats increases the risk of heart disease and

than chicken or fish. Beef is usually eaten as roasts, ribs. steaks or ground patties in hamburgers. contains It which enhances protein arowth and body muscle maintenance. Fresh lean beef is rich in iron, zinc, selenium and vitamins B12, niacin, and B6 - all of which boost blood formation and body growth. Like all good things, we should eat beef in moderation. **Excessive** eating

cancer. In Deuteronomy 14:4, beef

meats

was one of the clean things that the Israelites were allowed to eat. "These are the beasts which ye shall eat: the ox, the sheep, and the goat.." Even King Solomon's daily provisions included 'Ten fat oxen, and twenty oxen out of the pastures..' (1 Kings 4:23). Thank God for His abundant provision of good food for us!

#### Wedding at Cana

Circle the following words in the word search.

> Mary Six bridegroom beginning governor servants wedding brim



**APRIL - JUNE ISSUE 2017** 

JESUS SAVES MISSION CHILDREN'S MINISTRY

# Miracles

### The Turning of Water to Wine

John 2: 1-10

by Mr loannes Koh

Jesus performed many miracles during his lifetime. The first was the turning of water to wine. Mary, Jesus and His disciples were invited to a wedding feast. Sometime during the festivities, Jesus' mother became aware of a most embarrassing situation—the wine had run out, and there appeared to be no solution. If nothing was done, all would be embarrassed. In the end, Jesus saved the day and turned the water into wine. What is an important lesson we can learn from this first miracle?

This first miracle was not like most of the other miracles Jesus performed, where an individual had suffered for years, or a child's life hung in the balance, and required immediate and dramatic action on His part.

Some may have the idea that God like the President. perhaps sitting at a large heavenly desk with a line of telephones before him, all of which

Continued on page 3...

The Lord is good; He has been quiding us even to this day. Let us begin and end each day with thanksgiving for everything He has given us. May we always be in close communion with our Father in Heaven, praying always without ceasing. Man ought always to pray and

\*CFCFCFCFCFCFCFCFCFCFCFC

not to faint.

Prayer is the Christian's vital breath, The Christian's native air. His watchword at the gates of death: He enters heav'n with prayer.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Ms Wendy Wong

Two Praying persons

Jesus told the parable of two men in the praying The temple. tax collector was humble and fearful. the Pharisee but proud and was boastful The tax collector

repented. He thought he was not worthy and asked for God's mercy. His unwillingness to lift his eyes and his hands to heaven showed his feeling of unworthiness. He didn't boast but pleaded with God for mercy and confessed that he had fallen short of God's glory. The Pharisee was not so: he was bragging in his prayer. He told God what a superior person he was.

using the behaviour of others as his standard. He took pride in his status and the works that he did. This parable shows two kinds of heart: self-centred and God-centred. We must know that

without Jesus' perfect sacrifice, we will never be accepted at all. What made the bridge between man and God is never man's good work. They are far from God's standard and the only way to satisfy God the Father is through His only begotten Son. Seeing God rejects the proud, we should therefore come before Him with a humble heart seeking for His mercy.

# Lessons from Proyerbs

The Book of Proverbs has important truths

about money and wealth. Some people want to get money by not working hard. They want to get rich quickly, for example, by

gambling, beina dishonest and cheating or even by stealing. As a result. they will ruin their lives (Proverbs. 1:19). It is better to have wisdom and know to do right in God's sight than to have of lots monev (Proverbs 8:11, 16:16). With wisdom, we will know how to use

what money we have, wisely. We will not easily lose

our money to swindlers or

Money

buy things we do not need. Proverb 28:6

also tells us that it is better to have little money and be right before God than to be rich but wicked. We should give God the

ing 200 y 200 y

first part of whatever we have because it shows that God, not our possessions, has the first place in our heart (Proverbs 3:9,10). We should be generous and help others in need, with our money (Proverbs 21:13, 22:9) because whatever possessions we have are not really ours. They are given to us by God to be used for His work and to help others. By being generous, we will gain God's approval and be blessed with the

of

by Rev Matthew Yong

iov

How much better is it to get wisdom than gold! and to get understanding rather to be chosen than silver!

Proverbs 16:16







Search me,
O God,
and know my heart:
try me, and know
my thoughts:

giving.

# Jesus, The Only One Who Came Back by Dn Tang Poh Kok

In an interview with the New York Times, the late Mr Lee Kuan Yew said, regarding life after death, "Well, what is next, I do not know. Nobody has ever

back." come It is true that the And that He was buried. founders of all other and that He rose again religions died and the third day according remain dead. to the scriptures: However, one Corinthians 15:4 person did come back from death. He is Jesus. The Bible

testifies that "he was buried, and ... rose again the third day (1 Corinthians 15:4) ". Christ's resurrection was recorded in all the four Gospels in the

Bible and also by Apostle Paul in his epistles. Today, Christians worship on the first day of the week or the Lord's Day (Revelation 1:10), to commemorate His resurrection. Every year,

we have 52 reminders
that He will come
again. Let us say
with joy, "Maranatha"
which means "the
Lord is coming"
in Aramaic.

#### Lessons from Nature



#### Skein of Geese

In the last issue, we learnt that the goose in a team flies further when in a V-formation. Hence

when the goose drops out of the team and flies alone, it discovers that it will need a lot more energy to fly. The goose will quickly return to the V-formation to take advantage of the lifting power from flying together.

Sometimes, people drop out of a team to accomplish goals on their own. However, like the geese, they too discover that they lack the

Wedding at Cana - John 2:1-11

synergy from being part of a cohesive team and hence return to the group.

When a Christian stops growing in his love for God, he backslides. Other things become more important to him than God. He becomes careless in his thoughts, words and actions. He finds excuses for not reading the Bible, praying and attending church and may even give up his faith. In times like these, we must "Remember therefore from whence thou art fallen, and repent, and do the first works; or else I will come unto thee quickly,

and will remove thy candlestick out of his place, except thou repent."

Revelations 2:5

## How Do You Start Each Day?







Paul:
The Lord
will supply
all my needs
and I can do
all things
through Christ.

the answers to write out God's promise. 5) God answers our prayers so that we can 1) Jesus attended the wedding at . . . a) Cana of Galilee (If ye shall) b) Cana of Decapolis (If thou will) a) enjoy peaceful life (say it.) b) fulfill His will and glorify Him (do it.) 2) Jesus' were at the wedding. a) disciples and mother (ask any thing) **Promise** of God b) disciples (say anything) 3) There was not enough a) wine pots (in your name,) b) wine (in my name,) 4) There were water pots and many firkins. a) five (I will not) b) six (I will)

Choose the correct answers. Then arrange the matching phrases (in brackets) of

# Story of Missionaries

work.

## **George Mueller**

If you were to start a business, the most basic item needed would be money because you need to pay for a place, equipment and hire

Would you start a business

people to

without any money? George

Muller did.

He started an orphanage with barely any

money to his

name. All he did was to ask God and trust in Him to supply his need. Here is an example of George's faith. One morning, as 300 children got ready for school, the kitchen was empty and there was absolutely no

food for breakfast.

Still, George gathered them in the dining hall and gave thanks for the food. Almost

immediately, a knock

came on the door. A baker was moved to bake three batches of bread for the starving

Faith ends where worry begins, and worry ends where Faith begins.

children and brought
it right to them.
Soon after,
another knock
on the door
came. It was a

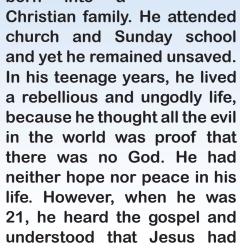
milkman asking if he could donate milk to the orphanage. He was on his way to sell them in the market when the wheel on his cart broke. The milk would have turned rancid by the

time he fixed the wheel and took it to the market.
Friends, do you have that same faith George had in God, who is able to provide all that you need according to His glory?

by Mr Andrew Zhang



Like many of us, Pastor Mangesh was born into a



died for him. He studied the Bible to find out about God's plan, and his many questions were answered by God's Word. The desire to serve God was a natural outcome of his salvation, as he wanted to bring glory to God. He studied at a Bible College for 4 years before serving in the School of Mission (JSM), India. He believes that every Christian is a missionary, serving in his or her own capacity and every Christian home is a Mission center. He faces many challenges but he has learnt that if we "bring our pride into the dust", God can work amazingly in and through us.

....The Turning of Water to Wine (cont'd)

are ringing with prayer requests. Who are we to "bother" God with our small problems? If this is our idea of God, we are wrong. When Jesus' disciples began to act like His "bodyguards", shooing away little children and people whom they thought were bothering

Him, Jesus rebuked them. God cares about the little things in our lives. He will never be over

burdened by our many calls upon Him for help. So the next time you have a

problem, worry or concern, just go to Him in prayer. No problem

is too small that God does not care.